

Nora Young is the host and the creator of ‘Spark’, CBC’s national radio show and podcast about technology and culture. ‘Spark’ is a fun and informative look at new technology, with an eye to understanding how it is changing our relationships, our work, and our culture.



Nora was also the founding host of the CBC Radio show, ‘Definitely not the Opera’, where she often focused on new media and technology. Her journalism has also been featured in print, online, and on TV.

As a journalist, author, and speaker, Nora explores how new technology shapes the way we understand ourselves and the world around us. Her book, *The Virtual Self*, on the explosion of data about our behaviours, opinions, and actions, is published by McClelland and Stewart.

Nora’s mother was a proud member of University Women in Toronto, which was an important part of her commitment to lifelong learning, a passion she passed on to her daughter.



Ryan Williams, Vice-President of Williams Hotels, and General Manager of Best Western Belleville is a newly elected Councillor for the City of Belleville, elected in October 2018.

Ryan is Past-President of Bay of Quinte Tourism and the Bay of Quinte Living Council. Ryan won the Business Volunteer of the Year award in 2015, is a Paul Harris Fellow from Rotary International for his volunteer work in the community, and a Canada 150 Community recipient in 2017.

Ryan is the Past-Chair and Founder of QuinteVation which aims to make the Bay of Quinte Region the most innovative rural region in Canada by 2023 through entrepreneurial community building, clustering, acceleration, and marketing.

Navigating Our Digital World

CFUW Fall Gathering Program

9:30 - 10:00	Registration and Snack
10:00 - 10:15	Introduction: President CFUW Belleville
10:15 - 11:15	Keynote Speaker: Nora Young <i>“Navigating Our Digital World”</i>
11:15 - 11:45	Q&A
11:45 -12:00	Break
12:00 - 12:45	Lunch
12:45- 1:15	Greetings from CFUW
1:15 – 2:00	Table Top Discussions - Making Connections CFUW
2:00 – 2:30	Ryan Williams – Making Connections - Community
2:30 – 2:45	Q&A
2:45 – 3:00	Wrap Up, Thank you

Registration

We need a completed registration form. You may do one of 2 things:

1. Print and complete the form below and mail it and your cheque made out to 'CFUW Belleville and District' to:

Fall Gathering

CFUW Belleville & District. PO Box 20033

Belleville, ON, K8N 5V1 **OR**

2. Pay on-line at cfuwbelleville.com then ONLINE PAYMENTS. You still need to print the form and complete it and mail it, or scan the completed form and email it to cfuwbelleville@gmail.com

Attendee Name _____

Club Name _____

Email _____

Phone _____

Food Allergies _____

Navigating Our Digital World

CFUW Belleville and District



Holy Trinity Lutheran Church

516 Victoria Ave.

Belleville Ontario

Cost: \$35 before Oct 18/ \$40 after